

## MUSTANGER

## The Boy Who Cried Wolf...



"When I hear somebody sigh, 'Life is hard,' I am always tempted to ask, 'Compared to what?"

Sydney Harris

## A Look Ahead

Dec. 16: picture re-takes: winter sports, band, choir, FBLA, drama, STUCO

Dec. 21: Character Counts assembly on Responsibility

Dec. 22: Christmas concert 7:00 pm in the gym

Dec. 23: End of 2nd Quarter

Dec. 24-Jan. 4: NO School

Jan. 4: Classes resume



## **CHARACTER COUNTS!**

This month's assembly was about "trustworthiness". India Bender, one of our theater students, told us the story of "The Boy Who Cried Wolf". It's a great lesson about telling the truth and earning a reputation of being honest. With a little help from Mortimer Snerd, Brooke Gilstad, a senior, followed up with her



thoughts on what is trustworthiness. Our school teams then participated in a short activity to demonstrate and experience what it truly means to trust someone!

Within each team, some were blind folded while the other people, talked them through an obstacle course - some were telling the truth while others were

## CHARACTER COUNTS....CONTINUED.

not! An age old activity, but lots of fun and drives home the point of how hard it is to trust someone if they give you poor directions or give you false information! There are many folks out there giving us all kinds of advice and telling us things. Some of the things are true, and some are not. We have to listen and decide who is telling us the truth and who is not. The other side of that is, when we don't tell the truth, we could be sending people down the wrong path.

You are more than welcome to watch our activities or assemblies. The tentative schedule is as follows:

December 21 -Responsibility

January 27 - Fairness

March 24 - Caring

April 29 - Citizenship



## PARENTING WITH LOVE & LOGIC

Is it true that some kids have neurological conditions that make it far more difficult for them to remain calm and self-controlled? You bet. Is it also true that there are many things within our control... with all types of children...that can up the odds that they will behave in ways that avoid their placement on our last nerve?

Are you a parent who errs on the side of assuming that your child can't help being out of control? Or are you one who assumes that with the right type of love, limits, structure, training, and expectations, they can usually remain fun to be around?

Listed below is a laundry list of some old-fashioned yet powerful strategies:

## Sleep

Unlike adults, many children get hyper when they're tired.

#### **Downtime**

Too many activities create stressed families. Stressed families create kids who act out to relieve their stress.

### Limits

When kids lack solid limits, they tend to act out to get them. Be sure to set limits by describing what you are willing to do or allow...rather than telling them how they should act. An example:

"You are welcome to stay in the same room with us as long as your voice is quiet and you aren't running around."

## **Predictable routines**

Kids thrive when these and other routines are more or less routine: Getting ready each morning, dinnertime, bedtime, family reading time, homework time, playtime, etc.

#### **Practice**

Some parents experiment with "sitting practice." They have fun with their child and challenge them to remain seated and quiet for a small amount of time. They set the timer and make a big deal out of their child meeting a specific goal. They gradually increase the goal as time goes by. (continued on next pg)

## **Good food**

Junk food tends to create junky behavior.

#### **Exercise**

Exercise calms the brain. My mother must have known this when she'd say, "Oh...looks like you need to run around the yard and burn off some of that steam."

Any reluctance to do as she asked, automatically created a long list of chores that served as another form of exercise.

## Very limited screen time

The more kids interact with screens the more difficulty they have with self-regulation.

## A good marriage

Kids tend to act out any anxiety or tension present in the home.

### TECH TALK WITH THE DOC



The Exploring Technology Class completed several structural/civil engineering projects using a virtual bridge building program called Model Smart 2D. Students used design principles like triangulation to virtually build bridges that had to meet specific criteria i.e. certain # of truss joints and members. This involved the placing of truss-shaped triangles in the sub and superstructures of the bridge in order to support a load (weight). Why? Triangles do not rack (bend) and change shape as easily as rectangles and other shapes when loads are applied. Students further developed an understanding of how to measure bridge efficiency using a performance ratio where they could determine how many more times the bridges breaking load was compared to the weight of the bridge (structure weight) itself. Students have now transitioned to the lunar colonization unit.

The Technological Systems class was also busy learning about bridge building, but in a different setting and with more focus on beam geometry. Students carried out numerous tests on balsa

beams, load testing single members, as well as laminated width and height members. This testing helped them complete their improved balsa box bridge where they were allowed to apply some of their beam geometry findings in an actual test setting. Each group then load tested their improved box bridges and then calculated their overall bridges performance ratio. Students learned that lamination has a dramatic impact reducing deflection (bending) of members and increasing the load capacity (ultimate strength) of the bridge. Students are now learning about precision machining and how to use commands and coordinates to direct machine functions.

The Foundations of Technology class designed homes and learned a bit more about phased construction in the home building process. Students used Home Designer Suite software to design a home for the Robinsons. Students had to make multiple iterations and changes to the design in order meet all the criteria set forth by the Robinson Family. Throughout the design challenge, students used 2D and 3D design views to help with the decision making process. In the second phase of this lesson, students used Building Homes of Our Own Software to go through the construction phases, from site preparation, lot selection, building permits etc... students figured out all the steps to completing their home building process. Students monitor a budget throughout so they would not exceed their original loan amount. When finished building, students were eventually confronted with offers from 3 families. These offers were checked for ability to make the down payment and also each monthly mortgage payment. Students are currently working on a Crane Design Challenge, which will be a very comprehensive engineering design project.

The Applied Technology (High Tech Machines) class has just finished working on the Laser Engraver. The laser engraver uses a laser to melt or alter the surface it is working on and vaporizes the material due to the extreme heat. This machine has an exhaust system that takes any hazardous waste and moves it outside the building. This machine allows you to conduct laser etching/marking (removing paint) or engraving where you actually remove material in such a way as to actually remove layers of material from the product. The machine is controlled by the user so the user must be familiar with materials in a way that allows them to understand how much power, speed, pulses per inch, and image density is required to create the desired design result. Students completed laser etching/marking activities and then learned to use the engraver to cut material. This precision machine gets it design information from Corel Draw, a software package that allows the user to create shapes, lettering and images that can be used in the building of parts or the design of signs. The students eventually completed an engraving that will be displayed as you come in the front doors to the school – Welcome to Ashley Public School, Home of the Mustangs – please check it out. Students will soon begin work on the CNC Mill and Router.

## Student of the Month



Brooke Gilstad, daughter of Clarence & Lisa Gilstad/Angie Gilstad has been selected the November student of the month. Brooke is a very positive leader in and out of school. Her personality is very upbeat with a sincere concern for the wellbeing of others. Leadership comes natural for her. She is the President of the student council and senior class; editor of the year book; President of FBLA (Future Business Leaders of America); the class representative for Dollars for Scholars; and active in speech and drama. Her fun personality, organized and consistent work ethic, is a positive influence with those around her. She is not intimidated by responsibility or hard work, she is goal—oriented and strives to succeed. Brooke sees the good in everything and everyone. Congratulations Brooke!



This month the third graders have been busy writing. They completed a biography report and a creative scarecrow story. They also made a timeline of their life and wrote their autobiographies! I am so proud of the third graders. They have taken each writing assignment and done an awesome job.

The third graders also wanted to share what they are thankful for and the one thing they can't wait to eat at Thanksgiving. Aidan is thankful for his house, and he is excited to eat green bean casserole. Nathan is thankful for legos, and he is excited to eat turkey. Kyrie is thankful for food, and she is excited to eat pumpkin rolls. Isabell is thankful for food, and she is



excited to eat stuffing. Shane is thankful for shelter, and he is excited to eat mashed potatoes. Eva is thankful for her house, clothes, and food. She is excited to eat turkey.

Brody is thankful for cattle, and he is excited to eat turkey. Tyler is thankful for his family and is excited to eat turkey. Alex is thankful for his family and classmates, and he is excited to eat mashed potatoes and gravy. Jorja is thankful for being with her family, and she is excited to eat turkey. Macy is thankful that she doesn't have to hunt for food, and she is excited to eat turkey. Mrs. Schmidt is thankful for her family and wonderful class. I am excited to eat cheesy vegetables.

## **FUTURE BUSINESS LEADERS OF AMERICA**





The month started off with a group of FBLA students helping the Ashley Lions with their Steak Supper. The Lion's paid the organization

\$200.00, provided the participating students with a steak supper and showed much appreciation! The Ashley Lions wrote to the organization praising a job well done. We look forward to working with the Ashley Lions in the future!

Many of the FBLA students assisted with Ladies Night. The students helped with tickets and clean-up. Thank you to Brenda Meyer for thinking of us to help with the event.

FBLA concluded their annual Pizza Corner Fundraiser. This year's top three sellers were:

Katie Schmidt

Bryce Goettle

Tiffany Engelhart

Good job to all of the individuals who helped fundraise for the organization!



The Ashley Chamber approved a \$250.00 donation to help with the upcoming Santa Day expenses – Thank You, the financial assistance is much appreciated!

FBLA wishes everyone a safe and wonderful holiday season!







First graders have been busy learning about time and dinosaurs and why not teach these fabulous fossils time???! While we are at it – we taught our dino friends ALL our subjects! They were very good listeners! We loved all of our dinosaur themed activities. Our favorite kinds of dinosaurs were triceratops, long necks and the mighty T-rex.

We also have been studying United States history and how our amazing country came to be by watching "Liberty's Kids" a PBS video series and are so happy we won over the British "red coats". This also helped us realize how lucky we are to have people who fight for

our rights and our country's freedom. THANKS veterans! We are grateful.

First Graders #1 thing they are thankful for this Thanksgiving and always was unanimous – FAMILY! What a great group of children! HAPPY THANKSGIVING EVERYONE!





## Happy Thanksgiving from Grade 4!

We hope you are thankful for a lot this year! Here is our #1 item that we are thankful for:

Kaden: Our world, Andrew: Food, Dalton: My family Allison: Food Brylee: My family Colin: My family, Joshua: My home, Cheyanne: A good world, Hailey: My baby brother Jace: My life, Karter: My huge family, Cora: My family, Trevor: My family, Daniel: God Mrs. Paulsrud: Everyone I know!

We are at the end of taking our multiplication timed tests. We've made turkeys and are coloring the feathers when we pass each test! Hopefully we don't forget these important facts!

After learning about the Southeast states, we are doing state reports! If you ever need a tour guide, just let us know. We are finding out some awesome information!

Until next time...

## 5th Grade ROCKS

The 5th graders worked hard on a Native American research project. The project included researching where their chosen tribe lived, crafts they made, clothing they wore, houses they lived in, interesting facts about their way of living, and reconstructing their home. They then presented their project orally. Everyone did an amazing job on their projects.

We are currently working on

figurative language (our favorite onomatopoeia)

Root words

Newton's laws of motion

Nitrogen cycle

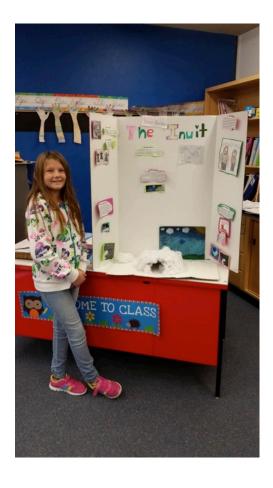
Carbon cycle

what we are thankful for

Multiply and dividing fractions and decimal numbers

Personal narratives

The Vikings







Two students recently performed at the Northwest Music Festival in Minot on November 6th-7th. Collin Martz played trumpet and Addie Schnabel played Euphonium with the Northwest Honor Band. The Honor band is made up of students in 8th-12th grade who audition for the band.

The Drama club recently performed at the Region One Act Play Festival in Edgely on November 4th. They performed the play Not-So-Grimm Tales by Kevin Bean, a comedic look at some of Grimm's fairy tales with a twist towards feminine empowerment and an ecologically sound environment. India Bender received an Honorable Mention for her character in the play. Members of the Drama club are Brooke Gilstad, Jennifer Melom, Jessica Melom, Thea Entzie, Katie Schmidt, Addie Schnabel, India Bender, Jacob Entzie, Bryce Goettle, Sara Melom, Abby Petersen, Kebba Beach, Christina Kloster, Caitlin Molter, Noah Gilstad and Nicole Schmidt.





## **CONFERENCES**

Thank you for participating in conferences this fall! It is always nice to have the face-to-face conversations as we work together for the benefit of your children. There was a 76% participation rate for our first conferences! Let's shoot for higher when we formally meet again March 22.



I am sitting here the Monday before Thanksgiving break looking out the window to see another nice day. Could we have a storm tomorrow, who knows? Are we going to get some ice so I can get out fishing? We are starting to get to the dreaded North Dakota winter season. (It will come!!) Please make sure that your child is dressed appropriately for the weather – warm coat, cap, mittens/gloves, and snow boots. If a bus would happen to stall on a cold, windy day, it can become quite cold due to the construction of the bus (too many windows and not enough protection from bitter wind chills). Also, students in preschool through grade 6 will be outside for recess when the

weather permits. We have a rule at the school for recess that I would like everyone to be familiar with. If the temperature is below 0 with or without wind chill, students will stay inside. We will be using weather gov to make this decision as of now, if anybody has a good site that is pretty accurate for Ashley please let me know. When you look at the weather sites on the computer they all give you a different temperature and some really vary.

For the people who live in the country, we appreciate your yards being kept clean so that the school buses can make a safe entrance on and off your property. When conditions become worse, it may be necessary for you to bring your child out to the main road. Please help us by calling your bus driver if your yard or road becomes filled with snow and it appears that the bus might become stuck when entering your property. If it would happen that the school could not safely transport your child home from school, we will deliver your child to their designated storm home. If you do not have a storm home on file with the school, we would ask that you designate a place in town where your child could stay. For those students who drive to school, we would appreciate a call when they have safely made it home.

I would like to remind everyone that we will once again use "Instant Alert" to announce any school cancellations or weather related cancellation of school activities. The Instant Alert system allows me to make one telephone call which in turn calls your home. You may set up your personal account so that you receive calls at home, at work, or on your cell phones. You may also have the notice go to your daycare provider, grandparents, or other individuals that need to know this information. Please go to https://instantalert.honeywell.com to update your account information. Please contact the school if you need additional information.

We are through the half-way point of the second quarter (progress reports went out Nov 24th), how the time flies... Make sure to check your child's grades to see how they are doing. I would like to take a minute to stress this one more time; how important it is for our students to be at school. I know I keep saying this year after year, but it is staying the norm, students that are gone have lower grades. I look at our deficiency list and see names of students who are missing a lot of school on the list. I know this isn't always the case, but when a student is gone they are missing out on learning. Students do struggle in certain areas; everyone on the Ashley staff is more than willing to help the students out. Call and ask "What can we do as a team to help our child?" Everyone has to be accountable in the effort to help the child succeed, including the student. Students need to ask for help if they don't understand something. All teachers will come in early or stay late to help a student be prepared and succeed.

Our students are back in sports for the winter months, come out and support the students. This means a lot to our students to have your support. We are going to have a great year in wrestling, girls' & boys' basketball. I would like to say again, great job to all athletes in the fall sports.

The K-12 Christmas Concert will be held on December 22nd at 7:00. I am excited for another great show. Mr. Ingerson and the music students are working very hard to prepare. Pre K through 1st grade will be singing a few Christmas songs, 2nd through 6th grade will be doing a play called "Snow Biz", and the JH and HS band and Choir will be performing.

I would also like to wish everyone a Merry Christmas and Happy New Year. If you are out traveling be safe!

Mr. Schmidt



## **Elementary Computers**

We are continuing to improve and strengthen our keying technique for all of the keys on the keyboard. We are studying various features using MS Word 2013 with Thanksgiving projects. Here is what each class has been doing:

Kindergarten – left click mouse skills and reading a computer screen

Grade 1 & 2 – left and right click mouse skills for copy and paste

Grade 3 – left and right click mouse skills plus utilizing online pictures and text boxes

Grade 4, 5, and 6 – keying a letter using various fonts, points, borders, online pictures, and callouts

## **PreKindergarten**

Our class size has grown this past month to 12! We have been busy identifying the letters and numbers. We have been strengthening our pencil grips while writing and drawing with our pencils and crayons.

## Library

Our library has received a grant to purchase many nonfiction books for all grade levels. The grant was awarded through the North Dakota State Library. Our collection will continue to grow with current information.



The 2nd graders have been a very busy bunch! We are well into our Common Core Progress Math and ELA books. In Science we are beginning to study the different habitats. In Social Studies we have been studying about people we depend on. We discussed a boy named Josh and his family. They were peanut farmers. talked about how peanuts are grown, harvested, shipped to

factories and made into peanut butter. We tried our hands at making homemade peanut butter, and the 2nd graders decided it was pretty tasty! We are also studying about our ancestors and traditions. We discussed how people from different countries celebrate holidays in different ways. We talked about how people in Mexico make buñueloes on New Year's Day. We made buñuelos in 2nd grade, and they thought they were pretty tasty too. Mrs. Karen Bettenhausen has been in our classroom the past 5 Tuesdays for "On the Move to Better Health Junior" presentations. The 2nd graders have learned about different fruits, vegetables and grains. They even had the opportunity to try a few new things. Thank you, Karen, for coming into our classroom!







Mrs. Martz



Did you know that the brain continues to grow until we are 25 years old?

Did you know that there is the same amount of alcohol in a 1 ½ oz. of 80 proof liquor as in 5 oz. of wine? And 12 oz. of beer?



Did you know that your child will be offered a drink, cigarette, or drug by someone they know?

Did you that the secret to listening is to look at the speaker?



Our elementary students are learning how to make decisions regarding their safety. First, we are discussing the consequences of drinking alcohol at their age. Then, we discuss how to say "no" to the person (which will be someone they know) who is offering the drink. Our next topic will be tobacco.

The following is a brief overview of the topics per grade:

Grade K: Dinosaurs don't DIG Drugs! The ABC's of Health

**Grade 1:** A Turkey for Thanksgiving! Did you know that good communication skills are important? Ask your first grader what happened when Mr. Moose didn't clearly invite Turkey to their Thanksgiving meal! Reach for the Stars booklet – booklet on fun things to do rather than smoking and drugs.

**Grade 2:** The students are making their own booklet titled, "My Thankful Booklet." They are writing short sentences about what they are thankful for and illustrating their own pictures. Students are also working on the Reach for the Stars booklet. This booklet provides information about the consequences of drugs and alcohol and helps them identify things they can do with their friends.

**Grade 3:** The third graders are also working on their thanksgiving booklets and Reach for the Stars booklet regarding goal setting.

**Grades 4 – 6:** They are working on crossword puzzles, word searches, and body maps to determine how alcohol affects the brain and body if abused. Next week we will start information regarding tobacco. REFUSAL skills – how to say no, is so important. Peer pressure includes family events and activities empowering our kids so they feel comfortable in standing up for themselves, is imperative.

**Grade 7:** Checked with the students about transitioning into junior high. Organization skills are a challenge for most students at this age. Remind your child to ask questions and seek help from the teacher if they need more assistance with an assignment or task. Our teachers are willing to come in early, stay late, or meet them during their prep time.









## School Board

# BORDER

Ashley Public School



"Reaching full potential through seeing, doing, applying"

Lucy Meidinger-President Lyle Fey-Director Kevin Nitschke-Director Trisha Schneider-Director Gwyn Schumacher-Director

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Ashley, ND 58413

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## MUSTANG WRESTLING PIN CLUB

Whether you are a longtime fan or just beginning your journey into the wonderful world of wrestling, we invite you to join in the fun and support a Mustang Wrestler! Just pick a wrestler and at the end of the season make a donation (suggested \$1.00) for each time your wrestler pins his opponent throughout the season. Official stats will be used to determine the amount of pins. In March of 2016 the Wrestling Booster Club will calculate the suggested amount due and send you a statement. It's easier than getting out of a double chicken wing and more fun than a takedown in the last two seconds of the third period!

Circle the wrestler or wrestlers of your choice (you can choose more than one)

Tyler Kuntz	II	Jullian Peterson	9
Austin Kauk	II	Logan May	8
Jared Kaseman	II	Lewis Goehring	8
Darrin VanGorkom	10	Jake Herr	8
Dylan Wolff	10	Mark Jochim	8
Martin DeArcos	9	Grant Schneider	8
Lane Wolf	9	Dillan Sayler	7
Clark Thielges	9	Jonathan Schockley	7
Riley Molter	9	Lucien Peterson	7
David Jochim	9	Alex Schmitz	7
Name & address of Sp	oonsor:		
Phone:		-	

Please mail or e-mail form to:

Nathan Wolf 8830 33rd Ave SE Wishek, ND 58495 or nwolf@bektel.com Or drop off at, Zeeland Public School, Wishek Public School, or Ashley Public School.

Thank you for your support of the South Border Mustang Wrestling program!

## December 2015 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Hotdogs Mashed Potatoes Fruit Cereal	2 Chicken or Beef Fajitas Vegetable Fruit	3 Creamed Chicken Over Rice Vegetable Fruit	4 Tator Tot Hotdish Vegetable Fruit ———— Cereal	5
		French Toast Fruit Juice/Milk	Cereal Omelet Fruit/Juice/Milk	Cereal Yogurt Fruit/Juice/Milk	Breakfast Taco Fruit Juice/Milk	
6	7 Popcorn Chicken Noodle Soup Vegetable Fruit	8 French Dip Vegetable Fruit	9 Chef Salad Corndogs Fruit	10 Dakota Nachos Vegetable Fruit	11 Chicken Patty Vegetable Fruit	12
	Cereal Toast Fruit/Juice/Milk	Cereal Canadian Bacon/ Egg Biscuits Fruit/Juice/Milk	Cereal Breakfast Cookie Fruit Juice/Milk	Cereal Combo Bars Fruit Juice/Milk	Cereal PB&J Rounds Fruit Juice/Milk	
13	14 Lasagna Vegetable Fruit	15 Ham & Cheese Sandwich Vegetable Fruit	16 Tangerine Chicken Rice Vegetable/Fruit	17 Barbecue Vegetable Fruit	18 Fish Pieces Vegetable Fruit	19
	Cereal Scrambled Eggs Fruit Juice/Milk	Cereal Sausage Links Fruit/Juice/Milk	Cereal Toast Fruit/Juice/Milk	Cereal Belvita Wafers Fruit Juice/Milk	Cereal Egg Wraps Fruit Juice/Milk	
20	21 Knepfla Soup Chicken Strips Vegetable Fruit	22 Spaghetti w/ Meat Sauce Vegetable Fruit	23 Turkey Mashed Potatoes Vegetable Fruit	24	25	26
	Cereal Breakfast Pizza Fruit/Juice/Milk	Cereal Pancakes Fruit/Juice/Milk	Cereal Breakfast Pockets Fruit/Juice/Milk			
27	28	29	30	31	Served Daily: PB&J or Cold Meat/Cheese Sandwich Carrots, Broccoli, Cauliflower, Cucumbers 1% White Milk or Chocolate Skim	



## December 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 GBB-EKM @ Ashley-6pm	2	3 JHGBB-Linton @ Wishek-4:30 WR @ Linton	4 GBB @ Ellendale-6	5 JVGBB tourn @ Ellendale WR tourn @ Napoleon
6	7 JVGBB tourn @ Ellendale JHGBB-Ellendale @ Ashley-4:30	8	9	10 GBB @ Stutsman Co Tourn-Jamestown WR @ Oakes	11 GBB @ Stutsman Co	12 GBB @ Stutsman Co WR tourn @ Lamoure
13	14 BBB @ Ellendale-6 JHGBB @ Ellendale 4:30	15 GBB @ Linton-6	16 Retakes, groups, GBB, BBB, WR, JHGBB, JHBBB, Elem BBB sports pics School Board Meeting-7pm	17 BBB-Eureka @ Ashley-6pm	18 WR tourn @ Linton	19 WR tourn @ Linton
20	21	22 PK-12 Christmas Program—7pm	23 Last day of classes End 2nd quarter Grades entered & verified by 3:30	24	25	26
27	28 GBB @ Mobridge	29	30	31	Happy Holidays!	







# ART & PHOTOGRAPHY EXHIBIT

Now is the time to get started on your art project or collecting photos!

Students interested in submitting photographs and artwork should see Mr. Hauth. You do <u>not</u> have to be enrolled in an art class to participate!! Deadline for submitting your finished work is March 18.