September 2021 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Roast Beef Mashed Potatoes Fruit ————- Cereal PB&J Rounds Fruit Juice Milk	2 Chicken Patty/strips Seasoned Wedges Fruit ————- Cereal Breakfast pizza Fruit Juice Milk	3 Spaghetti Meat Sauce Vegetable Fruit ————- Cereal Yogurt Fruit Juice/Milk	4
5	6 NO SCHOOL	7 Chicken/Rice Casserole Vegetable Fruit ————- Cereal Donut Fruit Juice/Milk	8 Taco Salad Fruit ————- Cereal Bacon Fruit Juice Milk	9 Knepfla Sausage Vegetable Fruit ————- Cereal Waffle Sticks Fruit Juice/Milk	10 Tomato Soup Grilled Cheese Vegetable Fruit ————- Cereal Breakfast Taco Fruit Juice/Milk	11
12	13 Pulled Pork Vegetable Coleslaw Fruit ————- Cereal Meat &Cheese Omelet Fruit/Juice/Milk	14 Crispitos Vegetable Fruit ————- Cereal Pancakes Fruit Juice Milk	15 Meatballs/Gravy Noodles Vegetable Fruit ————- Cereal Scrambled eggs Fruit Juice/milk	16 Sweet/Sour Chicken Rice Vegetable Fruit ————- Cereal Sausage Links Fruit Juice/Milk	17 Chef Salad Breadstick Fruit ————- Cereal Yogurt Fruit Juice Milk	18
19	20 Fish Sticks Noodles Vegetable Fruit ————- Cereal Belvita Wafers Fruit Juice/Milk	21 Tator Tot Hotdish Vegetable Dinner roll Fruit ————- Cereal French Toast Sticks Fruit Juice/Milk	22 Popcorn Chicken Knepfla soup Vegetable Fruit ————- Cereal Ham Patty Fruit Juice/Milk	23 Hotdog Mashed Potatoes Fruit ————- Cereal Boiled eggs Fruit Juice Milk	24 Taco Salad Vegetable Fruit ————- Cereal Strawberry Pastry Fruit Juice Milk	25
26	27 Noodle Soup Chicken Strips Vegetable Fruit ————- Cereal Tornado Fruit Juice/Milk	28 French Dip Vegetable Fruit ————- Cereal Banana Bread Fruit Juice Milk	29 Burritos Spanish Rice Vegetable Fruit ————- Cereal Scrambled eggs Fruit Juice/Milk	30 Orange Chicken Rice Vegetable Fruit ————- Cereal PB&J Rounds Fruit Juice/Milk	Served Daily: PB&J or cold meat sandwich Carrots, Cauliflower Broccoli, cucumbers Choice of 1% white Or chocolate skim Milk	