

September 2020 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Barbecue Vegetable Fruit _____ Cereal Breakfast burrito Fruit Juice Milk	2 Shrimp poppers Fried Knepfle Vegetable Fruit _____ Cereal Muffin Fruit Juice Milk	3 Chicken Nuggets Cheesy Noodles Vegetable Fruit _____ Cereal Yogurt Fruit Juice Milk	4 Pulled Pork Vegetable Fruit _____ Cereal Bacon Fruit Juice Milk	5
6	7 Chicken/Rice Casserole Vegetable Fruit _____ Cereal Boiled Eggs Fruit Juice Milk	8 Hotdogs Vegetable Fruit _____ Cereal Belvita wafers Fruit Juice Milk	9 Taco Salad Vegetable Fruit _____ Cereal Ham patty Fruit Juice Milk	10 Popcorn Chicken Potato Smiles Fruit _____ Cereal Toast Fruit Juice Milk	11 Pork Rib Patty Baked Beans Fruit _____ Cereal Breakfast cookie Fruit Juice Milk	12
13	14 Sweet /Sour Chicken Rice Vegetable Fruit _____ Cereal French toast sticks Fruit Juice Milk	15 Hot Ham & Cheese Vegetable Fruit _____ Cereal Sausage links Fruit Juice Milk	16 Tator Tot Hotdish Dinner Roll Fruit _____ Cereal Mini-Cinni Fruit Juice Milk	17 Chicken Patty Vegetable Fruit _____ Cereal Waffle sticks Fruit Juice Milk	18 Chef Salad Breadstick Fruit _____ Cereal Scrambled eggs Fruit Juice Milk	19
20	21 Spaghetti Vegetable Fruit _____ Cereal Combo bars Fruit Juice Milk	22 French Dip Vegetable Fruit _____ Cereal Mini-bagels Fruit Juice Milk	23 Chicken Chow Mein Rice Vegetable Fruit _____ Cereal Cheese Omelet Fruit Juice Milk	24 Sluggers Cheesy Noodles Vegetable Fruit _____ Cereal Apple Cini-sticks Fruit Juice Milk	25 Dakota Nachos Vegetable Fruit _____ Cereal Toast Fruit Juice Milk	26
27	28 Popcorn Chicken Knepfle Soup Vegetable Fruit _____ Cereal Fritter Fruit Juice Milk	29 Fish Sticks Bread stick Vegetable Fruit _____ Cereal Donut Fruit Juice Milk	30 Lasagna Vegetable Fruit _____ Cereal Breakfast pizza Fruit Juice Milk		Served Daily: PB&J or cold meat & cheese sandwich. 1% white or Chocolate skim milk	