

October 2017 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Dakota Nachos Vegetable Fruit _____ Cereal Potato Boat Fruit Juice/Milk	3 Pizza Vegetable Fruit _____ Cereal Bacon Fruit Juice/Milk	4 Chicken Strips Knepfia Soup Vegetable Fruit _____ Cereal French toast Fruit/Juice/Milk	5 Meatballs/Gravy Over Noodles Vegetable Fruit _____ Cereal Cheese Omelet Fruit/Juice/Milk	6 Chef Salad Breadstick Fruit _____ Cereal Blueberry Muffin Fruit Juice/Milk	7
8	9 Pulled Pork Vegetable Fruit _____ Cereal Waffles Fruit Juice/Milk	10 Spaghetti w/ Meat Sauce Vegetable Fruit _____ Cereal Breakfast Taco Fruit/Juice/Milk	11 Chicken/Rice Casserole Vegetable Fruit _____ Cereal Toast Fruit/Juice/Milk	12 Hot Ham&Cheese Vegetable Fruit _____ Cereal Donut Fruit Juice/Milk	13 Crispito Vegetable Fruit _____ Cereal Breakfast Burrito Fruit Juice/Milk	14
15	16 Hamburger French Fries Fruit _____ Cereal Toast Fruit Juice/Milk	17 Corndog Vegetable Fruit _____ Cereal Bkfst Lasagna Fruit Juice/Milk	18 Popcorn Chicken Noodle Soup Vegetable Fruit _____ Cereal Mini-Bagels Fruit/Juice/Milk	19 NO SCHOOL	20 NO SCHOOL	21
22	23 Tator Tot Hotdish Dinner Roll Fruit _____ Cereal Combo Bar Fruit Juice/Milk	24 Chicken Chow Mein over Rice Vegetable Fruit _____ Cereal Breakfast Cookie Fruit/Juice/Milk	25 Taco Salad Vegetable Fruit _____ Cereal Scrambled eggs Fruit Juice/Milk	26 Hotdogs Vegetable Fruit _____ Cereal PB&J Rounds Fruit Juice/Milk	27 NO SCHOOL	28
29	30 Sweet & Sour Chicken/Rice Vegetable Fruit _____ Cereal Toast Fruit/Juice/Milk	31 Barbecue Vegetable Fruit _____ Cereal Sausage Link Fruit Juice/Milk			Served Daily: PB&J or cold Meat/cheese Sandwich Carrots, Broccoli, Cucumbers, celery Cauliflower 1% White Milk or Chocolate skim	