

October 2016 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Pizza Vegetable Fruit _____ Cereal Mini-Cini Rolls Fruit Juice/Milk	4 Hot Ham&Cheese Vegetable Fruit _____ Cereal Bacon Fruit Juice/milk	5 Burritos Spanish Rice Vegetable Fruit _____ Cereal Yogurt Fruit/Juice/Milk	6 Corndogs Vegetable Fruit _____ Cereal Cheese Omelet Fruit Juice/milk	7 Chicken Strips Noodle Soup Vegetable Fruit _____ Cereal Toast Fruit/juice/milk	8
9	10 Strudels Roast Beef Vegetable Fruit _____ Cereal Ham Patty Fruit/juice/milk	11 Hamburger French fries Fruit _____ Cereal Blueberry muffin Fruit Juice/milk	12 Crispitos Vegetable Fruit _____ Cereal Breakfast burrito Fruit Juice/milk	13 Chicken Nuggets Noodles Vegetable Fruit _____ Cereal Boiled eggs Fruit/juice/milk	14 Tacos Vegetable Fruit _____ Cereal Toast Fruit Juice/milk	15
16	17 Chicken/Rice Casserole Vegetable Fruit _____ Cereal Fritters Fruit/juice/milk	18 Hotdogs Vegetable Fruit _____ Cereal Donuts Fruit Juice/milk	19 Meatballs/Gravy Noodles Vegetable Fruit _____ Cereal French toast Fruit/juice/milk	20 No School	21 No School	22
23	24 Grilled Cheese Tomato Soup Vegetable Fruit _____ Cereal Combo bars Fruit/juice/milk	25 Spaghetti Meat sauce Vegetable Fruit _____ Cereal PB&J Rounds Fruit/juice/milk	26 Pork Rib Sandwich Vegetable Fruit _____ Cereal Scrambled eggs Fruit Juice/milk	27 Chicken Patty Vegetable Fruit _____ Cereal Breakfast cookie Fruit Juice/milk	28 NO School	29
30	31 Chili Soup Breadsticks Fruit _____ Cereal Pancakes Fruit Juice/milk				<i>Served Daily: PB&J or cold meat & cheese sandwich Cucumbers, carrots, Broccoli, celery, cauliflower 1% white or Chocolate skim milk</i>	