

October 2020 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Pizza Vegetable Fruit _____ Cereal PB&J Round Fruit Juice Milk	2 Burrito Spanish Rice Vegetable Fruit _____ Cereal Pancakes Fruit Juice/milk	3
4	5 Tacos Vegetable Fruit _____ Cereal Muffin Fruit Juice Milk	6 Hotdog Mashed Potatoes Fruit _____ Cereal Ham Patty Fruit Juice Milk	7 Chicken/Rice Casserole Vegetable Fruit _____ Cereal Yogurt Fruit Juice/Milk	8 Hamburger Fries Fruit _____ Cereal French Toast Fruit Juice Milk	9 Crispito Vegetable Fruit _____ Cereal Tomato Fruit Juice Milk	10
11	12 Chili Soup Breadstick Fruit _____ Cereal Breakfast Burrito Fruit Juice Milk	13 Chicken Patty Vegetable Fruit _____ Cereal Waffle Sticks Fruit Juice Milk	14 Taco Salad Vegetable Fruit _____ Cereal Boiled Egg Fruit Juice Milk	15 Pulled Pork Vegetable Fruit _____ Cereal Banana bread Fruit Juice Milk	16 Shrimp Poppers Knepple Fruit _____ Cereal Sausage Links Fruit Juice Milk	17
18	19 Tomato Soup Grilled Cheese Fruit _____ Cereal Toast Fruit Juice Milk	20 Meatballs/Gravy Noodles Vegetable Fruit _____ Cereal Breakfast Taco Fruit Juice/Milk	21 Orange Chicken Rice Vegetable Fruit _____ Cereal Scrambled eggs Fruit Juice/Milk	22 NO SCHOOL	23 NO SCHOOL	24
25	26 Popcorn Chicken Noodle Soup Vegetable Fruit _____ Cereal Combo bars Fruit Juice/Milk	27 French Dip Vegetable Fruit _____ Cereal Strawberry/Cr Cheese Pastry Fruit Juice/Milk	28 Pork Chop Patty Vegetable Dinner Roll Fruit _____ Cereal Sausage/Cheese Omelet Fruit/Juice/Milk	29 Spaghetti Meat Sauce Vegetable Fruit _____ Cereal Mini-bagel Fruit Juice/Milk	30 Chef Salad Breadstick Fruit _____ Cereal Breakfast cookie Fruit Juice Milk	31 Served Daily: PB&J or cold meat sandwich, carrots Broccoli, cucumbers Cauliflower Choice of 1% white Or chocolate skim Milk