

# January 2019 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Popcorn Chicken Seasoned Noodles Vegetable Fruit _____ Cereal Waffles Fruit Juice Milk	3 Hamburger French Fries Fruit _____ Cereal Breakfast Breadstick Fruit Juice Milk	4 Chili Soup Breadstick Vegetable Fruit _____ Cereal Yogurt Fruit Juice Milk	5
6	7 Cripitos Vegetable Fruit _____ Cereal Combo Bars Fruit Juice Milk	8 Spaghetti Meat Sauce Vegetable Fruit _____ Cereal PB&J Rounds Fruit Juice Milk	9 Chicken Nuggets Knepfla Soup Vegetable Fruit _____ Cereal Scrambled eggs Fruit Juice Milk	10 Hot Ham & Cheese Vegetable Fruit _____ Cereal Breakfast Cookie Fruit Juice Milk	11 Taco Salad Vegetable Fruit _____ Cereal Toast Fruit Juice Milk	12
13	14 Chicken Strips Noodle Soup Vegetable Fruit _____ Cereal Breakfast Taco Fruit Juice Milk	15 Hotdog Vegetable Fruit _____ Cereal Sausage Link Fruit Juice Milk	16 Meatballs/Gravy Noodles Vegetable Fruit _____ Cereal Toast Fruit Juice Milk	17 Pork Chop patty Cheesy Potatoes Fruit Dinner roll (6-12) _____ Cereal Eggwrap Fruit Juice Milk	18 Orange Chicken Rice Vegetable Fruit _____ Cereal Pancakes Fruit Juice Milk	19
20	21 Lasagna Vegetable Fruit _____ Cereal Breakfast pizza Fruit Juice Milk	22 Pork Rib Sandwich Vegetable Fruit _____ Cereal Belvita wafers Fruit Juice Milk	23 Burritos Spanish Rice Vegetable Fruit _____ Cereal Toast Fruit Juice Milk	24 Chicken Patty Vegetable Fruit _____ Cereal Mini Bagels Fruit Juice Milk	25 Chef Salad Breadstick Fruit _____ Cereal Pancake wraps Fruit Juice Milk	26
27	28 Dakota Nachos Vegetable Fruit _____ Cereal Cinnamon Johns Fruit Juice Milk	29 Pizza Vegetable Fruit _____ Cereal Bacon Fruit Juice Milk	30 Sluggers Seasoned Noodles Vegetable Fruit _____ Cereal French Toast Fruit Juice Milk	31 Tator Tot Hotdish Dinner Roll Fruit _____ Cereal Cheese Omelet Fruit Juice Milk	Served Daily: PB&J or Cold meat/ cheese sandwich Carrots, cucumbers, Cauliflower, celery, Broccoli.  1% white or Chocolate skim milk	