

December 2016 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Crispitos Vegetable Fruit _____ Cereal Yogurt Fruit Juice Milk	2 Tacos Vegetable Fruit _____ Cereal Toast Fruit Juice Milk	3
4	5 Pork Rib Sandwich Vegetable Fruit _____ Cereal Combo Bars Fruit Juice Milk	6 Chicken Nuggets Seasoned Noodles Vegetable Fruit _____ Cereal PB&J Rounds Fruit Juice/milk	7 Spaghetti Vegetable Fruit _____ Cereal Scrambled eggs Fruit Juice Milk	8 Shredded Beef Sandwich Vegetable Fruit _____ Cereal Breakfast cookie Fruit Juice/Milk	9 Chili Soup Breadsticks Fruit _____ Cereal Toast Fruit Juice Milk	10
11	12 Chicken/Beef Fajitas Vegetable Fruit _____ Cereal Breakfast Taco Fruit Juice Milk	13 Hotdogs Vegetable Fruit _____ Cereal Sausage Links Fruit Juice Milk	14 Chicken Strips Noodle Soup Vegetable Fruit _____ Cereal Toast Fruit Juice/Milk	15 Tator Tot Hotdish Dinner Roll Fruit _____ Cereal Pancakes Fruit Juice Milk	16 Dakota Nachos Vegetable Fruit _____ Cereal Eggwrap Fruit Juice/milk	17
18	19 French Dip Vegetable Fruit _____ Cereal Breakfast pizza Fruit Juice Milk	20 Hot Ham&Cheese Vegetable Fruit _____ Cereal Belvita Wafers Fruit Juice Milk	21 Taco Salad Vegetable Fruit _____ Cereal Pancake wraps Fruit Juice Milk	22 Creamed Chicken Dumplings Vegetable Fruit _____ Cereal Toast Fruit Juice/Milk	23	24
25	26	27	28	29	30 Served Daily: PB&J or cold meat/ Cheese sandwich Cucumber, carrots Broccoli, cauliflower, Celery 1% White or Chocolate Skim Milk	31